YOULOOKALOTLIKEME

Tortoise and Finch Productions Presents A Documentary By Chloé McFeters www.youlookalotlikeme.com press@youlookalotlikeme.com +1 617 820 6233 x1



Tortoise and Finch Productions, LLC presents

You Look a Lot Like Me

A Film About Intimate Partner Violence

Directed by Chloé McFeters



PRODUCTION NOTES

Premiere: May 2012, Awareness Festival, Hollywood, California Feature-length DVD Release: February 1, 2014 1-Hour Edition DVD Release: February 1, 2015

Official Website: http://www.youlookalotlikeme.com Production Company Website: http://www.tortoiseandfinch.com Facebook: https://www.facebook.com/YouLookALotLikeMe Twitter: https://twitter.com/ULookaLotLikeMe

Contact Information:

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Chloé McFeters | Director and Executive Producer t. +1 617 820 6233 x1 | e. chloe@tortoiseandfinch.com

Technical Information:

Original Feature-Length Cut Total Running Time: 123 Minutes Exhibition Format: DVD, Blu-Ray Aspect Ratio: 16:9, NTSC Region 0 Color, English Rating: N/A 1-Hour Edition Total Running Time: 60 Minutes Exhibition Format: DVD Aspect Ratio: 16:9, NTSC Region 0 Color, English Rating: N/A



SUPPLEMENTARY MATERIALS

You Look a Lot Like Me: Movie Companion Book

An informative companion to the documentary film featuring insight and recommendations by experts from organizations on the forefront of finding solutions and building preventative cultures, essays that effectively demonstrate the subtle and pervasive aspects of domestic violence, additional survivor stories not included in the film, artwork from artists touched by the effects of domestic violence, and testimonials from those involved in the film's creation.

ISBN: 978-1484808726 Print. Color. 139 Pages. Language: English. Retail Price: \$22.99 (USD)

You Look a Lot Like Me: Community Education and Discussion Guide

A community education and discussion guide designed to help a variety of audiences explore and engage with the content featured in the documentary film *You Look a Lot Like Me*. Includes general questions about domestic violence, as well as content-specific questions based on the film and its Movie Companion Book.

ISBN: 978-1492126256 Print. Black and White. 70 Pages. Language: English. Available as Part of the *You Look a Lot Like Me* Premium Educational Package. License Fee for Public Libraries & Qualified Groups: \$207.99 License Fee for Accredited, Non-Profit Educational Institutions: \$339.99 License Fee for Institutions, Organizations, & Corporations: \$388.99



BROADCAST AND DISTRIBUTION INFORMATION

Digital Sales, Public Television, and U.S. and International Broadcast Inquiries:

Please contact Tortoise and Finch Productions, LLC for all inquiries regarding digital sales, public television, and U.S. and International Broadcasting rights. Rights will be available after January 1, 2018.

Licensing Inquiries:

Tortoise and Finch Productions, LLC offers a variety of licensing options for institutions, organizations, public libraries, and other qualified groups. Both the original, 123-minute feature-length film, as well as the shorter, 1-Hour Edition of *You Look a Lot Like Me* are currently available for licensing. For more information, please contact info@youlookalotlikeme.com.

Community and Festival Screening Inquiries:

Public Performance rights are available through Tortoise and Finch Productions, LLC. Please contact Tortoise and Finch Productions, LLC if you are interested in hosting a community or festival screening of *You Look a Lot Like Me* as part of local outreach and engagement on the topic of domestic violence.

DVD Sales Inquiries:

Personal, home-use DVDs of You Look a Lot Like Me are not available for purchase at this time. Individuals who are interested in purchasing a personal, home-use DVD of You Look a Lot Like Me are encouraged to contact Tortoise and Finch Productions, LLC at info[at]tortoiseandfinch.com.



Synopses of You Look a Lot Like Me

One-Line Synopsis

You Look a Lot Like Me is a feature documentary exploring the issue of domestic violence in the U.S. through raw, first person narratives.

Short Synopsis

You Look a Lot Like Me is a feature-length educational documentary that takes a deep and unflinching look at the harrowing journeys of several men and women whose lives have been forever altered by the insidious social pandemic of intimate partner violence.

Medium Synopsis

You Look a Lot Like Me is an educational documentary exploring the insidious social pandemic of domestic violence in the U.S. The film's carefully woven first person narratives take us on a journey that reveals the universality of the survivor's experience, a journey which clearly demonstrates that no one is immune to the far-reaching impacts of domestic abuse.

An array of experts working in the field of domestic violence prevention provide a deeper context to the victims' stories, while the astounding confession of a convicted abuser compels the audience to examine our preconceived notions about the face of abuse.

Long Synopsis

You Look a Lot Like Me is a feature-length documentary that takes a deep and unflinching look at the harrowing journeys of several men and women whose lives have been forever altered by the insidious social pandemic of intimate partner violence. The film's carefully woven first person narratives take us on a journey that reveals the universality of the survivor's experience, a journey which clearly demonstrates that no one is immune to the far-reaching impacts of domestic abuse.

Using the candid stories and insights of the film's diverse participants, *You Look a Lot Like Me* fosters deeper understanding and empathy surrounding this challenging public health crisis. It illustrates the critical need for increased awareness, action, and funding at many levels of our society. It pulls back the veil of persistent stereotypes to expose the intelligence, clarity, and strength of victims of intimate partner abuse.

An array of experts working in the field of domestic violence prevention provide a deeper context to the victims' stories, while the astounding confession of a convicted abuser compels the audience to examine our preconceived notions about the face of abuse.

What's perhaps most startling about this film—which was shot over the course of five and a half years at undisclosed locations across the United States—is its relevance to people from all walks of life, regardless of gender, gender identity, sexual orientation, socioeconomic background, social status, education level, race, culture, religious affiliation, etc. It is in recognizing how closely we are able to relate to the individuals featured in *You Look a Lot Like Me* that we begin to better understand the true scope of domestic violence. This film works to dispel our apathy, call us to action, and leave us with a deepened sense of admiration for the triumph of the human spirit.



5 Points of Interest About You Look a Lot Like Me

- 1. Features a male survivor of domestic violence.
- 2. Includes discussion of domestic violence in the LGBQ/T communities.
- 3. Includes discussion of domestic violence in Native communities.
- 4. Features testimony from a man who participated in a 40-week abuser education program.
- 5. Special Edition DVD features two additional hours of content.



Director's Statement

You Look a Lot Like Me is personal for me. I am one of the 1 in 4 women in the United States who has experienced domestic violence.ⁱ As a young woman, I became involved with someone who abused me, both verbally and eventually, physically. I am grateful that I had the resources I needed to leave that relationship when I did. I am fortunate to have survived. There are many victims of domestic violence who are not as lucky. On average, more than three women are killed each day in the U.S. by a current or former partner.ⁱⁱ More than three women, every day.

After leaving and gaining some perspective about my own situation, I wanted to learn what I could do to help raise awareness about this serious social and public health problem. I would quickly learn that there are as many ways to help as there are incredible people already raising awareness and improving things. I chose to use the medium of film to explore and encourage further discussion and action around the issue of domestic violence and that is how my first film, *You Look a Lot Like Me*, came into being.

Through my work, I discovered scores of dedicated, innovative, and inspiring individuals who support victims and survivors every day and who work tirelessly to reduce the incidence of domestic violence in this country and around the world. I have tried to introduce you to a few of these individuals in *You Look a Lot Like Me*, individuals who were so generous with their time, insights, and expertise. I am deeply grateful to each of them and for the work they do every day.

Over the course of nearly seven years of production, I also had the honor of connecting with and interviewing countless survivors of intimate partner violence, both men and women, from all across the United States. My hope was that *You Look a Lot Like Me* would help to give some of these individuals a platform to share their stories, and that their stories would accurately echo so many of the others I was privileged to have heard.

The first-person narratives featured in the film are, at times, tinged with shame. Shame is a very real part of the experience of domestic violence for many people. I did not meet a single survivor who didn't identify with the feeling of shame. And shame can be a terrible burden to bear. Among many others things, shame can keep one silent, and that silence is one of an abuser's most powerful weapons. That silence keeps victims of domestic violence in the shadows. The stereotypes may be well known and pervasive, but the truths and nuances of the lives of those who have been abused are often kept hushed and hidden, even today.

So, shame is real. But so are the honesty, clarity, and courage of the survivors I met with and interviewed for this film. The stories you will hear in *You Look a Lot Like Me* are representative of the many stories I have heard and documented over the years. They are stories of pain and heartache and trauma, yes, but ultimately, they are stories of fortitude, forgiveness, compassion, strength, sacrifice, resilience, and hope. Victims of domestic violence should not have to be ashamed. They should not have to be silent. I believe their voices need to be heard. Theirs are the voices of truth and experience and they must continue to inform the wonderful work being done to combat the issue of domestic violence. Survivors need to teach us and we need to continue to listen.



Over the past 30 years, we have made incredible progress in dealing with the causes and consequences of domestic violence in this country, but there's much more to be done. At the time of this writing, still, today, an average of 20 people per minute are victims of physical violence by an intimate partner in the United States. Over the course of a year, that equals more than 10 million women and men.ⁱⁱⁱ 10 million each year, in this country alone.

These are frightening and sobering numbers, but they don't tell the whole story. We should remember that these numbers only reflect *physical* violence that has actually been *reported*. I didn't report my abuse to the police and I know many victims of violence don't either. Abuse comes in many, often invisible, forms; it's not only physical. Some people tend to downplay the effects of other forms of abuse, but many survivors will tell you that the impacts of the physical violence they experienced were secondary to the emotional, sexual, or financial abuse they endured. These forms of abuse can be particularly insidious and over time they erode one's sense of self. They can make you question your own identity, your sense of worth in the world. They can make you feel that you are powerless to help yourself or to ask others for help. They can take away your voice. And that's the silence I am speaking about—the silence of shame, and of fear. It is silence that serves to keep this crime invisible. And it doesn't have to be this way. Domestic violence is a preventable crime.

With all of the challenges that still exist, I have faith that further progress is possible. Some days it may seem a long way off, but the difficult work of changing culture, social norms, and people's hearts can take a while. All one has to do is spend any time with the dedicated people and organizations working to end domestic violence or with the brave women and men who are taking a stand against intimate partner violence in their families, schools, workplaces, and communities, and you, too, will have faith.

As for my documentary, I hope that You Look a Lot Like Me will cause you to think and talk about domestic violence just a little bit differently than you would have before. I hope it helps to tear down some of the misconceptions that persist around this issue. I hope that through hearing from survivors directly, we can begin to see them—and each other—as distinct individuals, not just as stereotypes and statistics.

This is not an issue that only affects heterosexual women, although they are certainly disproportionately affected by domestic violence.^{iv} Intimate Partner Violence (IPV) affects women and men of all gender identifications and sexual orientations, regardless of socioeconomic background, social status, education level, race, culture, religious affiliation, etc. Victims and survivors of domestic violence are co-workers, students, teachers, doctors, patients, best friends. They are your family. Domestic violence doesn't discriminate. It's an equal opportunity tragedy.

10 million victims of domestic violence a year is a staggering number to fathom and heartbreaking to comprehend. But to many people "10 million" is still just a number. It's a number that can overwhelm the senses. It's a number that might even feel too big to tackle. And I think we have to continually fight the instinct, both as individuals and as a society, to throw our hands up in the air and say, "What difference could I possibly make?"

The answer to that question is, of course, that even one caring and informed individual can make an enormous impact on every level of the social ecology. Everyone has a role to play in helping to end

a film about intimate partner violence YOULOOKALOTLIKE domestic violence. This is an issue that affects us all. Your concern, voice, and involvement are of value, and they are needed in this fight.

If you feel inspired to get involved in domestic violence prevention after seeing this film, I encourage you to contact your state's domestic violence coalition to learn more about the most pressing challenges facing your community. The more involvement we have, the more people who care about and talk about this issue, the closer we will be to ending domestic violence.

Thank you for caring and for making the time to listen to the brave and generous women and men featured in *You Look a Lot Like Me*.



New Documentary by Tortoise and Finch Productions Challenges Stereotypes on Domestic Violence

Directed and Produced by a Domestic Violence Survivor, "You Look a Lot Like Me" Explores Social Pandemic of Intimate Partner Violence in the U.S.

Los Angeles, CA, October 1, 2015 – Beginning October 1, 2015, Tortoise and Finch Productions, LLC will be launching a variety of licensing options for its feature-length documentary, *You Look a Lot Like Me.*

The film, directed by Chloé McFeters—herself a domestic violence survivor—explores the insidious social pandemic of domestic violence in the U.S. through raw, first person narratives and interviews with educators and advocates working in the field of domestic violence awareness and prevention.

Chloé says the film seeks to challenge some of the stereotypes and misconceptions surrounding domestic violence. "Before becoming a victim myself, I thought I understood what domestic violence was, and I didn't. And I certainly thought I would avoid it, but I was wrong. Domestic violence is about much more than the images that often come to mind when we hear those words—the black eye, the raging man with his clenched fist, the woman cowering in a corner—a woman often portrayed as being 'pathetic' or 'weak' or somehow 'asking for it.' Don't get me wrong—the black eyes, the fear, the physical violence certainly exist, but this issue is much larger and more complex than that one, very specific scenario. This is something I learned after leaving my own situation, so I wanted to share some of what I learned with the public."

What's perhaps most startling about this film—which was shot over the course of five and a half years at undisclosed locations across the United States—is its relevance to people from all walks of life, regardless of gender, gender identity, sexual orientation, race, ethnicity, social status, culture, religious affiliation, etc. It is in recognizing how closely we are able to relate to the individuals featured in *You Look a Lot Like Me* that we begin to better understand the true scope of domestic violence. The film works to dispel our apathy, call us to action, and leave us with a deepened sense of admiration for the triumph of the human spirit.

You Look a Lot Like Me had its premiere at the Awareness Festival in Hollywood, California, and is currently used as an informational and training resource in a variety of settings across the U.S. The film is well suited for a wide range of audiences, including domestic violence programs and coalitions, abuser education programs, social service agencies and other organizations focused on women's and LGBQ/T issues, health, and public policy. You Look a Lot Like Me may also be of particular value to academic departments and programs, those working in the criminal justice system, law enforcement agencies, prisoner rehabilitation programs, and mental health professionals and programs.



As an experienced interviewer and ghostwriter, over the past eight years Chloé has conducted more than a hundred on-camera interviews covering a broad spectrum of difficult subjects and experiences, including domestic and sexual violence, mental illness, addiction, family and childhood trauma, and bereavement. She has also documented dozens of life stories and is passionate about working with individuals who are interested in preserving their unique family histories and traditions.

Chloé shared three things she hopes viewers will take away from the film:

1. Domestic violence truly does not discriminate.

Domestic violence is a devastating crime that affects people from all walks of life, regardless of gender, gender identity, sexual orientation, race, culture, social status, socioeconomic background, level of education, religious affiliation, etc.

2. Domestic violence isn't only about physical violence.

Domestic violence comes in many forms: emotional, mental, verbal, sexual, financial, identity-related, and physical.

3. Domestic violence doesn't have to be a way of life.

If you are being abused, help is available. It's not easy to ask for help. It can be embarrassing, frightening, and uncomfortable, but getting help just might save your life. You have options and you deserve to be safe and respected.

If you are abusing someone, you can stop. There are abuser education programs that can help you, if you are willing to take responsibility for your actions and commit to changing.

To watch a trailer of *You Look a Lot Like Me*, or to subscribe to the *You Look a Lot Like Me* mailing list, please visit <u>www.youlookalotolikeme.com</u>.

For more information on other projects at Tortoise and Finch Productions, LLC, please visit <u>www.tortoiseandfinch.com</u>.

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About the Filmmaker:



Chloé McFeters is a director, producer, and personal historian. In 2014, she completed production on *You Look a Lot Like Me* (youlookalotlikeme.com), a feature-length educational documentary exploring the social pandemic of domestic violence in the United States, which was produced through her company, Tortoise and Finch Productions, LLC.

To learn more about Chloé's work, please visit <u>www.youlookalotlikeme.com</u> and <u>www.tortoiseandfinch.com</u>.

About the Film:



You Look a Lot Like Me is a feature-length educational documentary that takes a deep and unflinching look at the harrowing journeys of several men and women whose lives have been forever altered by the insidious social pandemic of intimate partner violence. (Tortoise and Finch Productions, LLC, 2014, www.tortoiseandfinch.com.)

For licensing options, please visit <u>www.youlookalotlikeme.com</u>.

Review Copies and Media Interviews:

For a review copy of *You Look a Lot Like Me* or an interview with Chloé McFeters, please contact press@youlookalotlikeme.com or call +1 617 820 6233 x2. When requesting a review copy, please provide the name of your organization, a street address, phone number, and e-mail address.



Filmmaker Bios

Bios for Chloé McFeters

2-line bio:

Chloé McFeters is the director of *You Look a Lot Like Me*, an educational documentary exploring the issue of domestic violence in the U.S.

Short Bio:

Chloé McFeters is a director, producer, and personal historian. In 2014, she completed production on *You Look a Lot Like Me* (www.youlookalotlikeme.com), a feature-length educational documentary exploring the social pandemic of domestic violence in the United States, which was produced through her company, Tortoise and Finch Productions, LLC.

Medium Bio:

Chloé McFeters is a director, producer, and personal historian. In 2014, she completed production on *You Look a Lot Like Me*, an educational documentary exploring the social pandemic of domestic violence in the United States. The film was produced by her company, Tortoise and Finch Productions, LLC, and is currently being used as an informational and training resource in a variety of settings across the U.S.

An experienced interviewer and ghostwriter, Chloé has conducted countless on-camera interviews and documented dozens of life stories. She enjoys cooking, traveling, live music, and spending time with her family and friends.

Long Bio:

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Chloé McFeters is a director, producer, and personal historian. She is the owner of Tortoise and Finch Productions, LLC, an independent production company specializing in projects concerning social justice, public health, and human interest. In 2014, the company completed production on a feature-length, educational documentary titled *You Look a Lot Like Me*, which explores the social pandemic of intimate partner violence in the United States. The film had its premiere at the Awareness Festival in Hollywood, California, and is currently used as an informational and training resource in a variety of settings across the U.S.

As an experienced interviewer and ghostwriter, over the past ten years Chloé has conducted countless on-camera interviews covering a broad spectrum of difficult subjects and experiences, including domestic and sexual violence, mental illness, addiction, family and childhood trauma, and bereavement. She has also documented dozens of life stories and is passionate about working with individuals who are interested in preserving their unique family histories and traditions.

Before launching Tortoise and Finch Productions, Chloé got her feet wet on several short film projects in and around the Boston area. She worked with Kozmic Gas Productions as the production supervisor and assistant producer on the film Drawing From Life, which starred the English stage and film actor Nicholas Jones. For three years, she served as the public relations and sponsorship manager for the Boston International Film Festival.

In her earlier days, Chloé held a variety of positions entirely unrelated to film and to each other, including waitress, church secretary, appointment setter for an adjustable bed company, and sales representative for mobile medical record filing systems. It was through her work at a hospice that she first became inspired to work as a personal historian. Her first job was at a Dunkin Donuts, and she wasn't very good at it. She can't remember whether or not she was fired, but feels fairly certain she should have been.

Originally from Boston, Chloé is a spirited Red Sox fan who can often be found enjoying a night game at one of her favorite late-summer spots in the world: Fenway Park. When she's not working or taking in a baseball game, Chloé also enjoys cooking, traveling, good stand-up, live music, and spending time with her family and friends.

Speaker Introduction:

Chloé McFeters is a director, producer, and personal historian, and the owner and principal managing member of Tortoise and Finch Productions, an independent production company specializing in projects concerning social justice, public health, and human interest. As an experienced interviewer, Chloé has conducted countless on-camera interviews covering a broad spectrum of difficult subjects and experiences, including domestic and sexual violence, mental illness, addiction, family and childhood trauma, and bereavement.

In 2014, her company completed production on a feature-length, educational documentary titled *You Look a Lot Like Me*, which explores the social pandemic of intimate partner violence in the United States. The film had its premiere at the Awareness Festival in Hollywood, California, and is currently used as an informational and training resource in a variety of settings across the U.S.

Originally from Boston, Chloé is a passionate Red Sox fan who can often be found enjoying a night game at one of her favorite late-summer spots in the world: Fenway Park. When she's not working or taking in a baseball game, Chloé also enjoys cooking, traveling, good stand-up, live music, and spending time with her family and friends.

And last, but certainly not least, Chloé is also a survivor of domestic violence. Her personal experience with domestic violence is what first inspired her to make *You Look a Lot Like Me*, and she is here today to share a little bit about herself and to answer your questions regarding the film.

Let's give a warm welcome to Chloé McFeters (pronounced CLO-WAY McFEETers).



Key Production Personnel

Chiyo Kurokawa (Executive Producer) was born in Kyoto, Japan and has always been drawn to the magic and power of the movies. Pursuing his passion, he studied film and television and has since worked on a variety of independent film projects. In his spare time, he enjoys traveling, surfing, and playing chess. Chiyo feels very strongly about promoting domestic violence awareness and is proud and honored to have helped bring this powerful and educational film to light.

Douglas Boemker (Producer) is a North Carolinian businessman and independent film enthusiast. Douglas has a long history of supporting films that promote worthy causes. Having been raised in Southern California, he spent 4 years in the Army as an Intelligence Analyst. After returning to the civilian life, he founded Macrotec Security Corp. and set up roots in North Carolina. Always interested in promoting awareness of important social causes, Douglas sees film as an influential art form that plays a crucial role in generating understanding within our communities. He is proud to support *You Look a Lot Like Me* and looks forward to future production opportunities.

Heather MacArthur (Producer) has worked for over fifteen years as an executive coach and conflict mediator within the entertainment industry, U.S. government agencies, and small businesses across the globe. She has spent her career helping to build work environments where people can feel safe and thrive within their chosen profession. She holds a Master's degree in Screenwriting and a Bachelor's in Psychology. She is thrilled and honored to be a part of this project as she knows - firsthand and personally - how domestic violence knows no class, age, or race distinction, and that this is a problem affecting people from every walk of life. She hopes that this documentary touches and helps to heal others even a fraction as much as it has for her, and that survivors of abuse everywhere are finally able to let go of the shame and guilt that does not belong to them.

Brian Daigle (Cinematographer), a graduate of Keene State, has been active in the Boston film scene since 2005, working as a freelance cinematographer on a variety of narrative and documentary films, music videos, and commercial projects. He has always shown an interest in photography and cinema, and always had clear aspirations of becoming a Director of Photography. He has worked in grip and electric on major motion pictures, including Shutter Island and Bride Wars, and is honored to be able to add *You Look a Lot Like Me* to his body of work.

Keith Lancaster (Cinematographer and Editor) is a freelance Director of Photography and Editor who started his career in the independent film community of Nashville, Tennessee. Since moving to Los Angeles in the mid 2000s, he's spent his time producing branded web content for an array of clients and industries while providing production and post services for narrative films, documentaries, commercials and music videos. He studied filmmaking and photography at Brooks Institute and continues to develop his skills in the emerging world of new media by creating high production value webisodes and pilots.



George Dean IV (Original Music) is a Southern California native, whose work as a composer reflects the varied influences of the Golden State. As a child, he surrounded himself with great classical composers, and soon became captivated by the great film composers of our time such as John Williams, James Newton Howard and Thomas Newman. While carrying a full course load in programming, he would devote his creative energies to honing the craft of film composing by collaborating with local student filmmakers. His first major recognition came with the acclaimed short film "Broken," which drew on many of those early influences and yet exhibited Dean's unique style. The success of "Broken" would open the door for other compositions, including the score for the film "Sleeping," which has won a number of awards both here and abroad and showcased his attention to the emotional journey in a film score. Ultimately, the wide recognition for "Sleeping" would lead him to his first documentary project, *Yon Look a Lot Like Me*, where his focus on emotional exploration helps to underscore the innate human drama of intimate partner violence.

Kelly Kropog Schwarck (Music Supervisor) took her passion for film, television, and music and left her home state of Louisiana a month after graduating from college to pursue a career doing what she loved. She has worked on many projects, from small budget short films to hit television shows. In her spare time, Kelly likes to cook, go to concerts, volunteer with animals and watch LSU Football.

Helen Stellar (closing song "IO") is the third unsigned band ever invited to play on KCRW's highly influential Morning Becomes Eclectic. They have contributed to the soundtracks of Cameron Crowe's *Elizabethtown*, the Luke Wilson film *Henry Poole Is Here*, and the Jennifer Anniston/Aaron Eckhart movie, *Love Happens*. Additionally, they have licensed tracks to the critically lauded TV series' *"Friday Night Lights"* and *"The L Word."* In 2010, they continued to forge their relationship with the film industry by contributing tracks to, and appearing and performing in, the latest Gregg Araki film, *Kaboom*.

While legendary rock critic/director, Cameron Crowe, has released Helen Stellar's past material, the band is currently shopping If The Stars Could Speak, They Would Have Your Voice... to labels with international distribution. With the right representation, Helen Stellar plans to conquer the world with a sophisticated yet highly accessible album, a gargantuan live show, and enough determination to light the darkest corners of the galaxy. For more info, visit www.helenstellar.net.



Experts and Advisers

Mary R. Lauby currently works with Prevention Innovations Research Center at the University of New Hampshire. She served as the Executive Director of Jane Doe, Inc. from 2004-2013 and gained national recognition as the Executive Director of the Wisconsin Coalition Against Domestic Violence. In the mid 1980's, Mary was involved with the establishment of the Wisconsin Coalition Against Sexual Assault. Since 2001, she has served as the Board President for the National Network to End Domestic Violence (the national coalition of the state DV coalitions). In addition to a wide variety of community involvement and awards, Mary was appointed to the National Violence Against Women Advisory Committee of the US Departments of Justice and Health & Human Services. Mary brings rich experience in innovative program development ranging from elder abuse, child witness, and batterer treatment to the creation of a Leadership Institute for People of Color and collaborations with the health care field.

Ted German, Ph.D., is the Director of Training at Emerge. Ted has 25 years experience working on domestic violence issues. He began co-facilitating groups at Emerge in 1987 and was the counseling co-coordinator and co-director of Emerge from 1991-93. From 1994 until his return to Emerge in 2002, Ted was a group leader and supervisor for two other batterer programs. Since his return to Emerge, Ted has conducted trainings in 6 countries and 9 states. He currently co-leads one group, is a group supervisor, and helps run the day-to-day operations of Emerge.

Beth Leventhal has served as the Executive Director of The Network/La Red since 1989. The Network/La Red is a survivor-led, social justice organization that works to end partner abuse in lesbian, gay, bisexual, transgender, BDSM, polyamorous, and queer communities. Rooted in anti-oppression principles, their work aims to create a world where all people are free from oppression.

Laura Van Zandt, Executive Director of REACH since 2004 (and board member prior to this role), has extensive experience in project management, fiscal management, and organizational development. Under her leadership, REACH is enhancing its community outreach programs to better address the constantly changing needs of victims of domestic violence. With support from the Board of Directors, Van Zandt has led a successful capital campaign, enhanced the agency's community presence, and expanded REACH's teen violence prevention outreach program.

Tillie Black Bear is an enrolled member of the Sicangu Lakota Nation/Rosebud Sioux Tribe. Currently retired, Tillie served as the Executive Director of the White Buffalo Calf Woman Society, Inc., which operates the oldest shelter for women who have been battered or raped on Indian reservations. It is the first shelter for women of color in the U.S. (1978). She is recognized throughout the state, nationally, and in Indian Country as one of the leading experts on violence against women and children. She is a founding mother of the National Coalition Against Domestic Violence (NCADV) and a founder of the South Dakota Coalition Against Domestic Violence and Sexual Assault (SDCADV&SA), both in 1978. She was the first woman of color to chair NCADV and continues to sit on the Board of Directors for the SDCADV&SA. Tillie was the recipient of an award from the U.S. Department of Justice for her work with victims of crime in April 1988; in 1989 was one of President Bush's "Points of Light". In 1999 at the Millennium Conference on Domestic Violence in Chicago, IL, Tillie was one of 10 individuals recognized as one of the founders of the domestic violence movement in the United States. She was awarded an Eleanor Roosevelt Human



Rights Award in December, 2000 by President Clinton. In May of 2003 Tillie was a recipient of the first annual LifeTime Achievement Award from LifeTime Television. She was selected as one of "21 Leaders for the 21st Century award by Women's eNews in 2004. In 2005, she received an award from NOW. She is a single mother of 3 girls, grandmother of thirteen and a survivor of domestic violence.





Praise for You Look a Lot Like Me

"You Look a Lot Like Me is a riveting documentary about partner abuse which I recommend for survivors and clinicians. The experience and knowledge shared in this film can be a lifesaver. In this film, we witness saved lives. This unflinching work counters denial and avoidance by offering hope and healing that comes from brave, honest, open engagement..."

— Steve Cadwell, L.I.C.S.W., Ph.D., Adjunct Faculty at BU Graduate School of Social Work & Harvard Medical School Program for Residents in Psychiatry

"This film is a must see for any victim, family member, or professional working in domestic violence. It avoids being trite, is spot on from a practice and scholarly perspective and has tremendous educational value akin to a three-credit course."

— Charles A. Granoff, MSW, LICSW, LMFT, Diplomat in Clinical Social Work

"I know of no other film on the topic that better covers the perspectives of diverse clients or better captures the intimate world of those caught in the cycle. I highly recommend *You Look a Lot Like Me* to anyone wanting to learn more about the reality of relationship violence."

— Diane R. Gehart, Ph.D., Professor, California State University, Northridge

"To educators and those who work in this field, the film puts a human face to the "Power and Control Wheel" and the "Cycle of Abuse" by submerging the viewer into the world of real people who have bravely chosen to share their stories. Whether a survivor, friend, family member, educator, advocate, or mental health professional, "*You Look a Lot Like Me*" has something to teach us all."

— Pamela Riss, M.S., LMFT



Suggested Interview Questions for Chloé McFeters

- 1. What made you want to make a film about domestic violence?
- 2. How did you decide you wanted to make a movie? How did you get started?
- 3. I know you raised some of your finishing funds through the popular crowd-funding site Kickstarter. How did that experience work for you?
- 4. What have you found to be some common stereotypes and misconceptions about victims of domestic violence?
- 5. Can you share one story, in particular, that has stuck with you, or that you found difficult to hear or film?
- 6. What was the most meaningful or important thing someone said to you during production, about this film in particular or filmmaking in general?
- 7. What did you learn about yourself and others in the process of making this film?
- 8. Who would benefit from seeing You Look a Lot Like Me?
- 9. What's the most important thing viewers will learn from watching You Look a Lot Like Me?
- 10. People reading/listening to this might be:
 - (a) wanting to learn more about domestic violence because they or a loved one are/is dealing with domestic violence right now in their lives.
 - (b) searching for an affordable and effective complement to their current curriculum, or their organization's education and outreach initiatives.

What would you want them to know?

- 11. What is your favorite documentary and why is it your favorite?
- 12. What are you working on now?
- 13. Where can people buy or license the film? What options are available to them?



Complete Credits

TORTOISE AND FINCH PRODUCTIONS, LLC presents a CHLOÉ MCFETERS film

YOU LOOK A LOT LIKE ME

Directed By	CHLOÉ MCFETERS
Executive Producers	CHLOÉ MCFETERS CHIYO KUROKAWA
Producers	HEATHER MACARTHUR DOUGLAS BOEMKER
Associate Producer	SUNIL PRAJAPATI
Cinematography	BRIAN DAIGLE KEITH LANCASTER SPENCER CAMPO
Edited by	KEITH LANCASTER
Original Score	GEORGE DEAN IV
Camera Operators	DENNIS STEVENS DANIEL MCPHEE
Sound Recordists	GEOFF PENNINGTON KIP REYNOLDS DANIEL MCPHEE DAN GIBSON JEFF KNIGHT
Post Production Sound	ROBERT JAMESON ALAN "TEMPLETON" PECK
Music Supervisor	KELLY KROPOG SCHWARCK
Still Photographer	EMILY HAMM
Webmaster	STAN GOLD

YOULOOKALOTLIKEME

Graphic Design

HINT PRODUCTIONS SARA DEAN

Transcription Services DONNA PERKINS JENNIFER MANSUETO

Equipment and Production Services CATZILLA PRODUCTIONS

Security Provided By

STRYKER SECURITY FORCES, INC.

IO (THIS TIME AROUND) WRITTEN BY JIM EVENS PERFORMED BY HELEN STELLAR COURTESY OF HELEN STELLAR AND POPRIS PUBLISHING (ASCAP)



Production Stills & Filmmaker Head Shot















Director Chloé McFeters (left) with a survivor.









ⁱBlack, M.C., Basile, K.C., Breiding, M.J., Smith, S.G., Walters, M.L., Merrick, M.T., Chen, J., & Stevens, M.R. (2011). The National Intimate Partner and Sexual Violence Survey (NISVS): 2010 Summary Report. Atlanta, GA: National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. Available at http://www.cdc.gov/ViolencePrevention/pdf/NISVS_Report2010-a.pdf

ⁱⁱ Catalano, S. (2013, November). Intimate Partner Violence: Attributes of Victimization, 1993–2011. Washington, DC: U.S. Department of Justice, Bureau of Justice Statistics. Available at http://www.bjs.gov/content/pub/pdf/ipvav9311.pdf.

^{III} Facts Everyone Should Know About Intimate Partner Violence, Sexual Violence & Stalking. Atlanta, GA. National Center for Injury Prevention and Control, Centers for Disease Control and Prevention. Available at http://www.cdc.gov/violenceprevention/pdf/nisvs-infographic.pdf

^{iv} Catalano, S. (2012, November). Intimate Partner Violence, 1993–2010. Washington, DC: U.S. Department of Justice, Bureau of Justice Statistics.

